

Sports Medicine Physician Job Description

Duties and Responsibilities:

- Offer advice on when it is appropriate for athletes to return to their sporting activities so as to prevent a relapse or recurrence of injuries
- Perform evaluation and observance of athletes' mental state and well-being
- Provide assistance to team coaches and/or therapist in choosing and fixing protective equipment on athletes
- Advise athletes and coaches against sports activities that are dangerous
- Record medical history of athletes, and also carry out physical examination on athletes
- Carry out research in areas that have to do with treatment of medical conditions that are sports-related
- Prescribe and develop exercise programs that can help injured athletes to recover properly and regain full fitness
- Responsible for the supervision of athletes' rehabilitation program and procedure
- Inform athletes' coach/ trainer about their medical condition at all times
- Interpret results of laboratory tests and diagnostic imaging processes
- Perform evaluation and management of chronic pain conditions
- Perform treatment (usually non-surgical) of disorders in the musculoskeletal system
- Coordinate sports care activities with other medical experts, like physical therapists and surgeons
- Develop/formulate and test procedures for handling emergency situation during sports activities
- Carry out checks on athletes before their involvement in sporting activities to discover their fitness levels and susceptibility to injury

- Provide counseling and education to athletes and sports-inclined individuals regarding illness and prevention of injuries.

Sports Medicine Physician Requirements – Skills, Knowledge, and Abilities

- Possession of good communication skills (clarity in communication) is a must for every sports medicine physician
- Must possess good analytical and problem-solving abilities
- He/she must be a people person. That is to say that he/she must be friendly and easy to approach, and be able to get along well with people
- Must have good eye-hand coordination so as to be able to work effectively
- Must possess good coordinating ability
- Must be someone that pays adequate attention to details always
- Must exhibit a high level of patience and understanding when handling patients (athletes)
- Must show flexibility in handling patients due to the fact that injury concerns may differ from patient to patient
- A Degree in medicine is required
- Residency and fellowship in sports medicine
- Must have all the required licenses and certification needed to work in a particular region or locality.